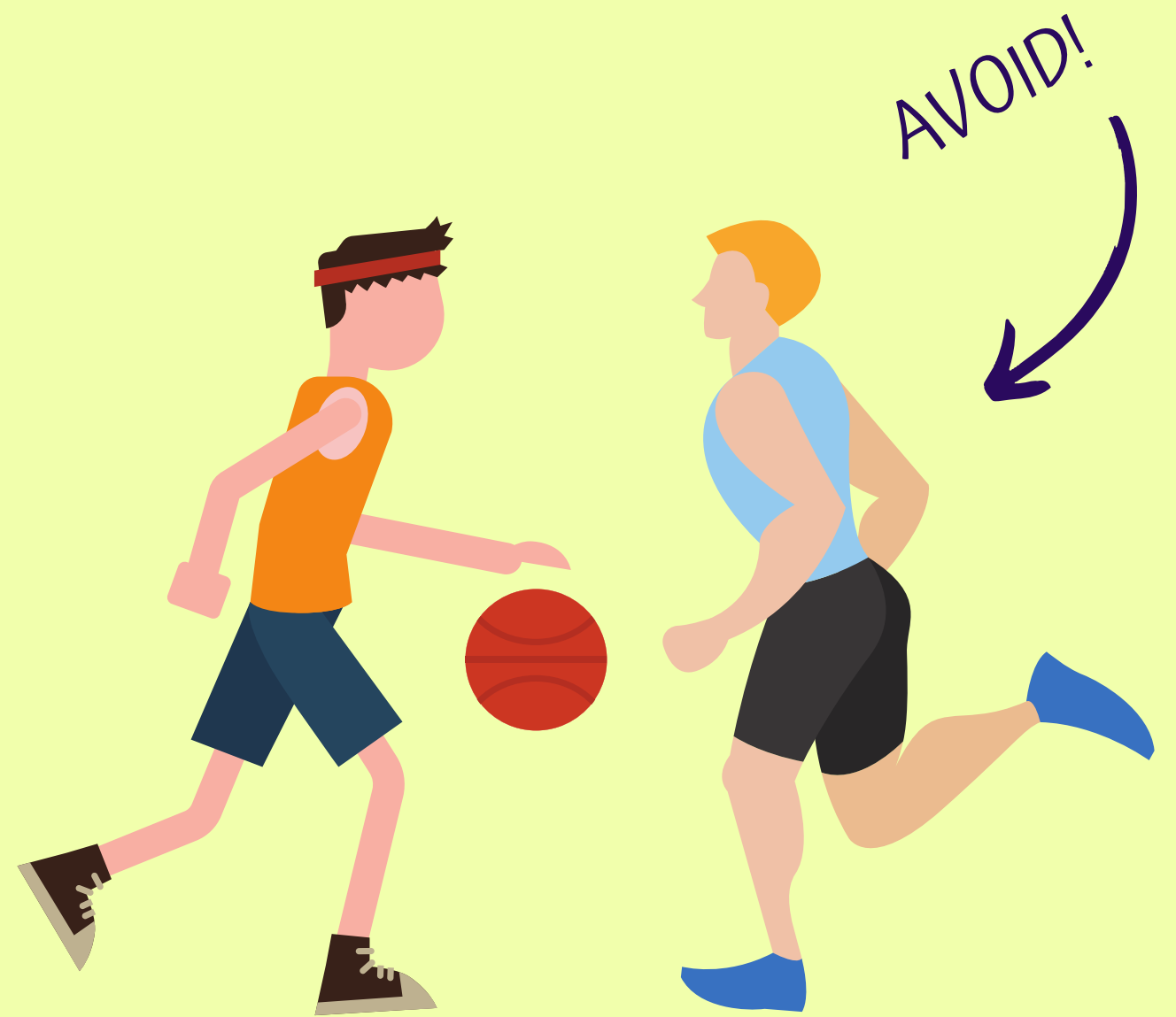


YOU CAN HELP STOP THE SPREAD OF COVID-19



AVOID GROUPS, INSIDE AND OUT

Even when you are outside, staying at least 6 feet apart from others is what protects you from spreading or catching COVID-19.



NO CONTACT SPORTS

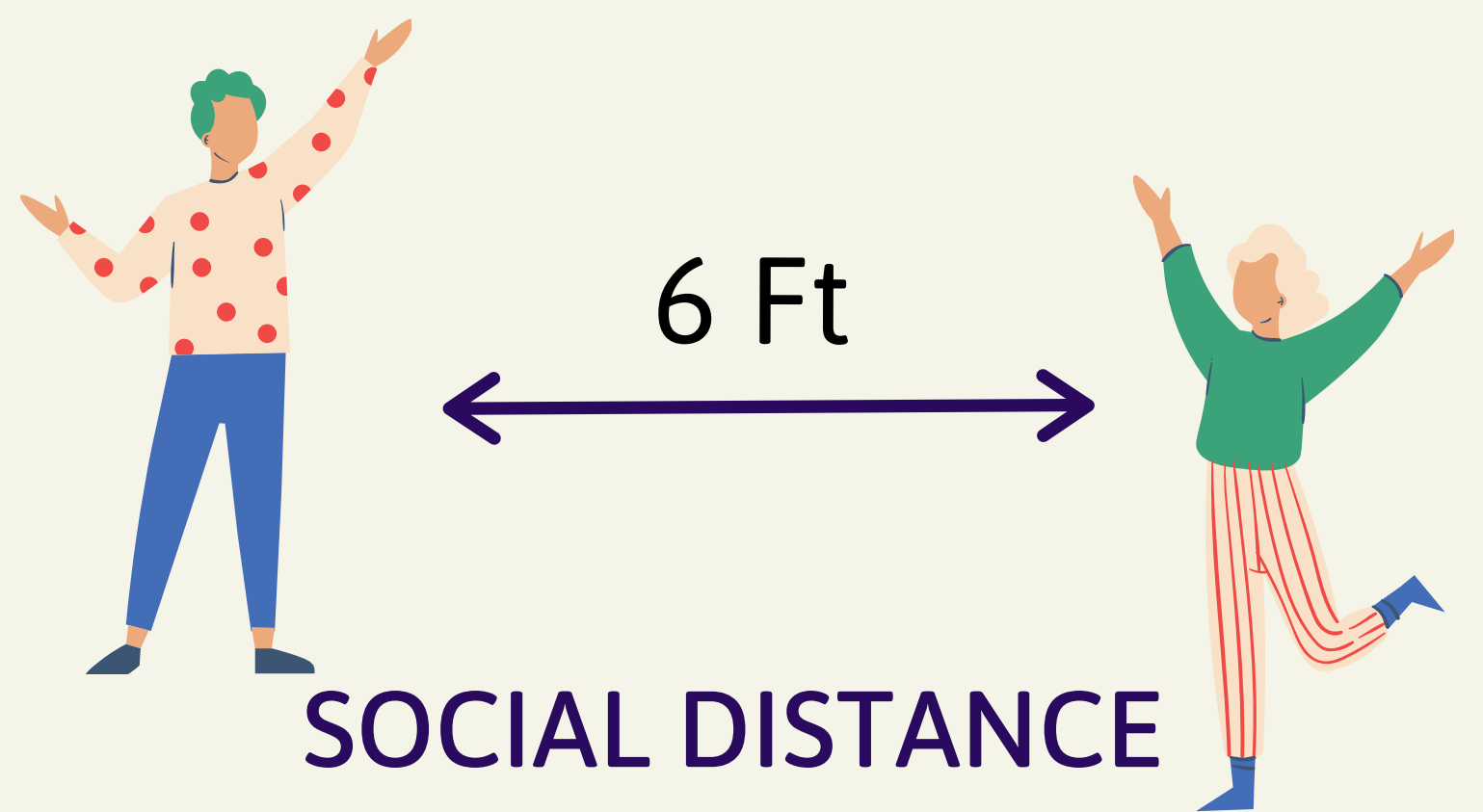
Where you are touching or even close to other people. Germs are invisible and can spread easily.

NO PLAY DATES



STAY AWAY FOR PLAY

Write letters, visit online, or call on the phone but avoid bringing kids together to play in groups.



Keep at least 6 feet distance between yourself and anyone who is around you.



**Northeast Nebraska
Public Health Department**
www.nnphd.org
(402) 375-2200